

## A Picture Is Worth a Thousand Words...

We've all heard this saying. Do you want to take better photos to preserve your memories of people and places? A few quick, simple hints and easy-to-use techniques can improve your photography, but how do you learn these? Simple and it's free: come to the Shutterbug sessions at the SRC. They are free, informal and fun and will help you with your photography. No fancy camera is needed; if you have a cell phone that will take photos, you can benefit from coming to a meeting. If you would like more details, call Sharon Prescott at 757-630-2660. Check the monthly SRC calendar for our next meeting. In August we meet on the 19<sup>th</sup> at 2:00 PM and have a special speaker. Hope to see you at a meeting soon.

## Wrist Strap Key Fob Sewing Class

**Saturday, Aug. 17 2:00-4:00 pm**  
**Pungo- Blackwater Library**

Come join us at the library to sew a beautiful wrist strap key fob! These make fabulous gifts! Bring your sewing machine and basic sewing supplies (scissors, ripper, pins, ruler). Limited sewing machines and sewing supplies will be available. Basic sewing skills required. All key fob supplies will be provided. Adults 18+. Online registration is required and begins August 3<sup>rd</sup> at [www.vbgov.com/library-events](http://www.vbgov.com/library-events) or call the library at 385-7790.

## Benefits Counseling

**Wednesday, Aug 28 1:00-4:00 pm**

Senior Services' (our Area Agency on Aging) rep Bonnie Dozier will see you 1:1 at SRC by

appointment only. If you need her help with Medicare questions and other resources and services for seniors, call SRC at 385-2175 to sign up for a free session.

## Farmers Market Hoedown Schedule

These free outdoor concerts are held at the Farmers Market (at the corner of Princess Anne and Dam Neck Roads) every Friday night from 7 – 10 p.m. They perform, rain or shine. Bring your own chair or blanket to enjoy the great music.

|           |                        |
|-----------|------------------------|
| August 2  | Dallas Band            |
| August 9  | New City Sound         |
| August 16 | The Mann Act           |
| August 23 | The Long & Short of It |
| August 30 | Timeline               |

## Thank You, Thank You

Where would the Senior Resource Center be without its volunteers? Although we are continually looking for new volunteers, especially to cover "phone duty," we are very lucky that folks step up whenever the need arises.

**For the 4<sup>th</sup> of July celebration:** Thanks to David Lee for sweating over the BBQ grill, Bob Giovanelli and Don Spitzli for cooking the corn, Barbara Henley for providing the corn, hot dogs and buns and Johnnie and Rae Williams and Barbara Henley for the delicious homemade ice cream. Amelia Ross-Hammond graced us with her musical talents and the Trammels helped make the Center look so good.

**For the July 9<sup>th</sup> Ruritans Dinner-** Many thanks to Anne Bright for doing all the legwork to prepare dinner for the Ruritans at SRC. She